

Welcome to HandiOasis Corsica,

We wish you a pleasant stay in our company. To help you make the most of your stay, we have put at your disposal this information booklet in which you will find all the elements to prepare your days and your activities.

Do not hesitate to come and meet us if you have any questions.

INTERNAL REGULATIONS



Conditions of use of the rooms:

Please turn off the air conditioning and lights when you leave your room.
All valuables must be deposited in the Handioasis safe. Handioasis declines all responsibility in case of theft.
Please do not throw anything in the toilets; garbage cans are available in the bathrooms.
Respect the quietness to respect the sleep of the others.
It is forbidden to smoke in the rooms and in the common areas.
Please do not use towels outside your room. Pool towels are available for hire.
Breakfast is served between 8:30 and 11:00 a.m., lunch from 12:30 to 2:00 p.m. and dinner from 7:30 to 9:00 p.m. at the location of your choice.
The room must be vacated before noon on the day of departure.

Conditions of use of the pool

Children may use the pool provided they are accompanied and supervised by their parents or anyone delegated by them, excluding Handioasis staff.
People with contagious diseases or skin diseases are strictly forbidden to use the pool.

It is forbidden :
Walking in shoes in the pool area.
Eating at the poolside.
To use soap or any other similar product in the pool.

Supervision of children

The parents or any accompanying person delegated or mandated by the parents are exclusively responsible for the supervision of the children during the entire stay in the Handioasis establishment as well as during the activities or excursions.

Meals, Shuttle, Taxi

We ask you to inform us no later than 2 p.m. for meal reservations and of your shuttle and cab needs for the following day. All meals ordered will be charged.

In case of non respect of some of these rules which can harm either the security of the persons and the establishment or the other customers of Handioasis, the managers can decide to take sanctions up to the exclusion of the establishment without refund of the stay.

INFORMATIONS PRATIQUES

HANDIPLAGE

In Corsica, and particularly in the Calvi region, you'll find 2 Handiplages, in Calvi and Ile Rousse. We offer free shuttles to Calvi on reservation. During the summer season, you'll find lifeguards and tiralos on site until September 15. After the season, we offer a JOB chair for launching.

FORMALITIES

If you travel by plane, the valid identity card is sufficient to go to Corsica, including for children it is mandatory to take the plane.

ELECTRICITY

220 volts. Sockets are identical to those in France. Adapters and transformers are therefore not required.

TELEPHONE

In Corsica, you can use your telephone as normal, there is no specific billing as on the mainland. The same goes for using the internet on your smartphones: you can freely use 4G on your mobile without fear of being overcharged in Corsica.

MONEY

There are cash dispensers in town, but not in the immediate vicinity of your accommodation. It is also necessary to anticipate certain expenses because in some shops and restaurants, there is not always a credit card terminal. Cash payment is still very common in Corsica.

SOUVENIRS

You'll find what you're looking for in Handioasis with our bargain boutique, but you'll also find local products and souvenirs in Calvi, Ile Rousse and from local artisans.

HEALTH (Emergency number: 112)

Calvi has a regional hospital and a 24/24 emergency service, as well as a number of nursing surgeries if you need treatment.

ECOLOGY

At Handioasis, we take great care of our environment. We don't use any pesticides on our land, and we prefer to use ecological products that respect the environment. We ask our guests to limit the use of water by respecting the simple rules posted in the rooms. We limit the use of washing machines and only replace linen if you request it and/or if it is dirty.

Don't leave your phone and chair chargers plugged in all day, and recharge your chairs first thing at night.

Don't leave the shower or sink running unnecessarily.

Don't empty your probes into the toilet; you can empty them in the field outside, which keeps wild boar away and saves you from several flushes a day.

Corsica is a paradise, and we must preserve it.



DISCOVERING CORSICA IN ALL ROAD

PRACTICAL INFORMATION

This is the ideal way to discover Corsica in a different way: you get into an all-terrain vehicle and set off on the Corsican trails with Christophe, our guide.

Corsica is a mountain set against the sea, so it's very useful to get up high to enjoy the most beautiful views and landscapes. Christophe will lead you along the ridge trails to help you discover the Balagne region and offer you panoramas you wouldn't otherwise be able to admire.

Depending on your level of autonomy and disability, different itineraries are available to help you discover Corsica in a different way and overcome accessibility problems.

- Désert des Agriates: immerse yourself in the Agriates desert and discover its fauna, vegetation and unusual places such as caves and troglodyte shelters, abandoned villages and sheepfolds, as well as Balagne's most beautiful beaches.
- L'Asco: Discover the Asco valley and its river, its deep gorges carved out of granite and lined with high peaks.
- U Giussani & Saleccia: A day to discover one of Corsica's most beautiful panoramas. A breathtaking view of the northern part of the region at an altitude of 1,200 m.

PRICES FROM





CORSICA BY HELICOPTER

An original activity only available from April to September, the helicopter flight over Corsica is an opportunity to discover the peaks of Balagne and understand the diversity of the landscape of this exceptional region.



PROGRAM

- Fly over the Bay of Calvi or the Balagne region in a helicopter. Take-off from Calvi Sainte Catherine airport.

Different itineraries are available and prices vary according to the itinerary and flight plan proposed.

Prices based on 5 passengers per helicopter.

Mandatory transfer to the helicopter.

Several itineraries are available, depending on the season and weather.

It is essential to check with your hosts about the possibility of flying and the itineraries available.

Rates vary according to flight duration and itinerary.

ACCESSIBILITY ★★★

Mandatory transfer to a seat on the helicopter
Children up to 2 years on parents' lap
Minors accepted with parental authorization

PRICES

Base 5 personnes : dès 150€/pers
Base 4 personnes : dès 190€/pers
Base 3 personnes : dès 250€/pers

Ce tarif comprend : le transport en minibus adapté A/R vers l'aéroport de Calvi.



DIVING IN ALGAJOLA

A few kilometers from Calvi lies the village of Alagajola, renowned for its clear-water beach, and a diving center with which we have decided to collaborate in order to offer you baptisms and courses.



PROGRAM

- Certified divers can embark on a course with several dives to make the most of Corsica's coastline. Depending on your level and abilities, you can dive at different sites to discover the Balagne seabed.

For beginners, baptisms are also available to introduce you to this highly appreciated Corsican activity.

Sessions take place in different locations, depending on the weather and the level of divers, with access to the boat from the quayside to facilitate transfers.

Dives are supervised by professionals trained in Handi Diving, who can accompany you underwater to help you discover this activity in complete safety.

GOOD TO KNOW

Diving is a highly supervised activity. To take full advantage of scuba diving, you'll need a medical certificate issued by a doctor approved by the French Federation of Underwater Studies and Sports (FFESSM).

For beginners, diving is limited to 6m without a medical certificate.

ACCESSIBILITY ★★

Transfert sur le bateau à quai
Transfer to the boat at the quayside
Medical certificate required for internship

PRICES

Baptism and initiation: €90/person
Training course: on request

This price includes : Private transport to the quay



VISIT CALVI & BALAGNE REGION

To help you discover the Balagne region, we also offer weekly guided tours, half-day and full-day excursions.

Departure from Handioasis by minibus, stops at craftsmen's workshops, discovery of landscapes, beaches, sightseeing tours.

To find out more about the program, simply ask your hosts for the weekly schedule.

Prices are available at reception and may vary according to the activities on offer.

If you want to discover the region at your own pace, we can also advise you to bring your own vehicle from Marseille or Toulon. Ferry companies run daily services from Marseille and Toulon to Bastia. In season (April to October), Ile Rousse is also served.





THE CRAFTS ROAD OF BALAGNE REGION

PRESENTATION

A Strada di l'Artigiani - La route des Artisans is a must-see route in the Balagne region, but it's also an association under the French law of 1901, created by a group of inland villages to promote their heritage and traditions.

It's a magnificent tourist circuit where you'll discover Balagne's most beautiful villages and their remarkable architecture, and meet some exceptional craftsmen:

In the villages of Calenzana, Cateri, Algajola, Olmi Capella, Feliceto, Calvi, Occhiatana, Lumio, Corbara, Santa Reparata and Pigna, among others.

There are so many places to stop between L'Île-Rousse and Calvi to spend an unforgettable vacation!

We invite you to explore this route, starting with the stretch between Belgodère and Corbara. You can also continue on to Zilia, Calinzana and back down to Calvi and Lumio.

GOOD TO KNOW

Departure with François every Tuesday at 2.30pm

The Craftsmen's Route is an opportunity to discover local Crafts and the region's most beautiful villages through the sumptuous Corsican mountains.



PRICES ★★

Excursion de 3h : Base 3 personnes 40€/personne

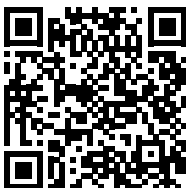
ACCESSIBILITY ★★★

Adapted toilets available

SCHEDULE

Opening depending on each shop

LINK TO THE WEBSITE





BALAGNE REGION MARKETS

PRESENTATION

As in Provence, Corsica’s markets are a must-see attraction during the summer season, with local producers and artisans selling their wares.

The little market in Lumio is particularly popular, as Lumio is a small village perched on a mountain with a unique view over the Bay of Calvi.

You can also enjoy a drink on the terrace of the village café after the market.

A little further on from Lumio is the town of Ile Rousse, a small commune with a marina and a commercial port where ferries arrive daily. Ile Rousse is also home to a covered market dating back to 1844, as well as numerous Roman remains from its days as a Roman trading post.



GOOD TO KNOW

The visit can be made on the itinerary we propose for the day.

PRICES ★★★

20€/trrip (max 6 pers.)

ACCESSIBILITY ★★★

Adapted toilets available

SCHEDULE

Every days
9h-13h

LOCALISATION

Calvi, Lumio, Ile Rousse,



CALVI AND THE CITADELLE

PRESENTATION

The purity of its waters, the richness of its heritage and the richness of its history, present Calvi to you as a speck of beauty on the Isle of Beauty. We invite you to discover this little corner of paradise in north-west Corsica.

From its narrow streets to its citadel... Without doubt, the most remarkable sight is the majestic Genoese citadel. Like a jewel on the water, it looks out over the snow-capped Monte Grossu massif, which reflects its shadow on the sea. Then, as you stroll through the town's narrow streets, delicatessens, Corsican designer boutiques, beauty and wellness stores and restaurant terraces await you under the protection of Sainte Marie. You're sure to meet some unusual and unforgettable people!

From the marina to the long sandy beach... At the foot of the imposing Genoese edifice, fishermen's and yachtsmen's boats dock in the colorful marina. A few steps away, but still in the town center, is its long, immaculately white, fine-sand beach. The beach is fringed by a pine forest, which you can walk along via the wooden footbridge.

After swimming and sunbathing, this oasis of greenery promises a refreshing spot in the shade.

Exceptional panoramas... Now take a stroll along the seafront road towards Galeria. First of all, you'll see La Revellata, with its imposing rocks, lighthouse and intimate beaches. Then, if you take the small road that climbs to the left, on the heights of the hill, you'll come to the favorite spot of the Calvais... Notre Dame de la Serra. Of course, it's first and foremost a place of worship and pilgrimage. But the chapel and its sanctuary also offer the finest panoramic view of Calvi and the surrounding mountains.

GOOD TO KNOW
Notre Dame de la Serra is a must for a view of Calvi and its citadel.

PRICES ★★★

Free shuttle service
Visit on demand

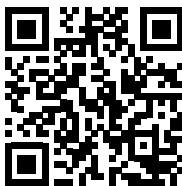
ACCESSIBILITY ★★

La ville est accessible, son centre historique et la citadelle se visite mais attention c'est assez raide.

SCHEDULE

Every days

LOCALISATION





ILE ROUSSE

PRESENTATION

In the heart of the Balagne region, in one of Corsica's most beautiful gulfs, L'Ile-Rousse awaits you for unforgettable moments of relaxation and discovery.

Take your time on the Place Paoli, under the eyes of the "Babbù" Pascal Paoli. Enjoy the café terraces or an impromptu game of pétanque with friends and enthusiasts in the shade of the century-old plane trees.

Enjoy a stroll along the A Marinella promenade, which runs alongside one of the three magnificent fine-sand beaches, Plage Napoléon. It leads to the ochre porphyry island of Pietra. From its summit, you can see the Balagne coastline, from Calvi to the tip of the Agriate, and the villages that make up the history of L'Ile-Rousse. It's the perfect place to admire sunsets and immortalize them forever.



GOOD TO KNOW

Handiplage accessible at Ile Rousse open from June 15 to September 15.

PRICES ★★★

Shuttle from 60€ A/R
(7 pers. max)

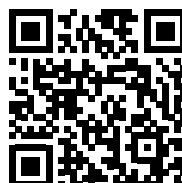
ACCESSIBILITY ★★

Accessible city center
Accessible beach service from June to september

SCHEDULE

Depending on the programm of the week

LOCALISATION





RESERVE DE SCANDOLA EN BATEAU

Rose

PRESENTATION

Enter the heart of the Scandola Reserve, a UNESCO World Heritage site, and discover its unspoilt flora and fauna.

The Scandola Reserve is both a marine and a terrestrial reserve, covering over 1,600 hectares and protecting a remarkable biodiversity.

You'll board a boat for a 3-hour excursion heading south along the west coast.

You'll be able to admire the fish in the crystal-clear water, and perhaps the famous ospreys whose nests are dotted around the reserve.

GOOD TO KNOW

Please note that the trip is long and the boat does not have accessible toilets. Several wheelchair spaces are available, but we recommend transferring if you can.

Remember to choose window seats to enjoy the view.



PRICES ★★★

60€ par personne transport adapté A/R inclus

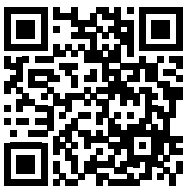
ACCESSIBILITY ★★

Bateau accessible par une rampe mais sans toilettes

SCHEDULE

3hours long, 365 Days depending on weather

LOCALISATION





NOTRE DAME DE LA SERRA

PRESENTATION

Notre Dame de la Serra ... the most beautiful panorama of Calvi, its citadel and gulf. Photographers and cameramen, don't forget your cameras! A little history...

Among the jewels of Calvi's cultural heritage is a chapel and a sculpture set into the hillside.

This is the chapel of Notre Dame de la Serra, built in the 15th century (1479) and listed as part of Calvi's religious heritage. The sculpture depicts the Virgin Mary, entrusted with the protection of the town by the Calvais people, who have dedicated a pilgrimage to her for the past 500 years.

Notre Dame de la Serra is celebrated every year at the beginning of September.



GOOD TO KNOW

Access to the chapel offers an exceptional view of Calvi, but is unfortunately not wheelchair-accessible due to the presence of several steps in front of the chapel.

If you can walk a few steps with assistance, we advise you to go, as the view is truly incredible.

PRICES ★★★

Transferts A/R 20€ per groupe

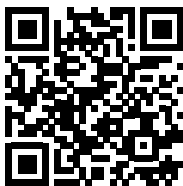
ACCESSIBILITY ★

Accessibilité réduite, marche pour y accéder

SCHEDULE

Ouvert toute l'année

LOCALISATION





LA REVELLATA

PRESENTATION

At the gateway to the beautiful city of Calvi, you can admire the Revellata peninsula, a rocky promontory bordered by wild, intimate beaches and coves. Its spectacular cliffs are a unique mineral feature of Balagne.

More than just a protected area, La Revellata is above all a place of history, as witnessed by the ruins of Prince Pierre-Napoléon Bonaparte's house. The first traces of human occupation date back to the Neolithic period. And the dry-stone walls you'll find along the way are proof of the peninsula's agricultural past.

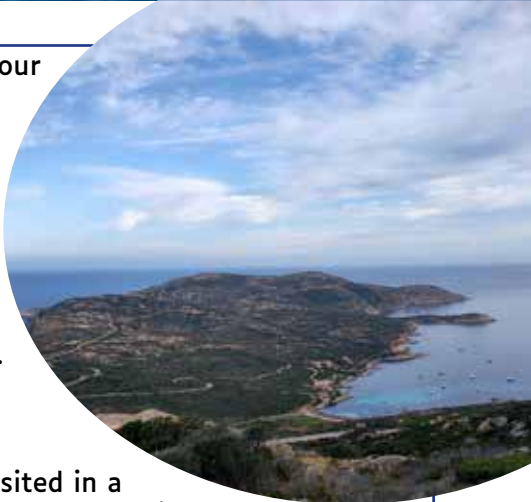
A cape, a peninsula? yes, and a refuge too... La Revellata is also a biodiversity hotspot, thanks to its rocky habitats that provide shelter for flora and fauna.

Indeed, the sea cliffs and rocky coasts are teeming with rare, endemic and protected plant species such as the *Armeria Soleirolii*. Now, take a moment to look up to the sky. You'll be able to admire the flight of remarkable species that have found refuge in this beautiful site. Ospreys, crested cormorants... and

gulls will punctuate your stroll through this unspoilt area. Until the 1960s, one of Corsica's last groups of monk seals even made its home in one of the caves. The Calvais nicknamed it "the sea calves' cave".

GOOD TO KNOW

La Revellata can be visited in a wheelchair, but beware: the path is sometimes very rough and there are rocks. There is a track to be taken from the entrance to the peninsula which is more or less practicable. An all-terrain wheelchair or an electric wheelchair with large wheels is ideal.



PRICES ★★

Accès gratuit, Navette 15€ A/R

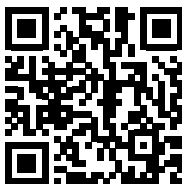
ACCESSIBILITY ★

Accessibilité réduite, éviter la zone après les forts orages.

SCHEDULE

Prévoir entre 2h et 3h de balade

LOCALISATION





LE PARC DE SALECCIA

Bleu

PRESENTATION

Discover Corsican and Mediterranean vegetation staged by a landscape gardener. You'll discover exceptional plant collections. A true moment of relaxation, discovery and sharing to be enjoyed with friends or family.

By the sea, on the outskirts of Ile Rousse, come and visit an exceptional 7-hectare landscaped site. Through its botanical circuit, you'll discover the "Art of gardening in the heart of the Corsican maquis". It's the quintessence of a land that expresses itself here. Corsica can be explored, smelled and admired through all the plants of its maquis and the vestiges of an ancient agricultural activity.

As you walk among olive trees, cypresses and oleanders, the whole Mediterranean is sublimated in an exceptional setting. Opened to the public in spring 2005, Saleccia Park is a place of relaxation, discovery and inspiration; for lovers of Corsican and southern gardens, it's an example of what a landscape revisited by man can offer.

Garden restaurant (local, organic, home-made products).

Large children's play area, tree houses. Quiz for children. Farm animals. Aviaries. Educational beehive.

Workshops, events for children and adults. We can organize your wedding, christening or seminar in the heart of Saleccia Park.

GOOD TO KNOW

The Parc de Saleccia is a restful and peaceful place, with a small restaurant serving quality local produce and delicious home cooking. A great place for lunch.

In terms of accessibility, the park is easily accessible by electric wheelchair, but there are a few steep sections for manual users.

PRICES ★★

2 Pers. : 35€/pers.

3/4 Pers : 25€/pers.

4/5 Pers : 20€/pers.

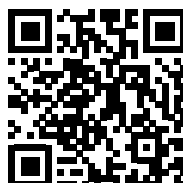
SCHEDULE

Du mercredi au dimanche
9h - 18h

ACCESSIBILITY ★★

Facile en fauteuil électrique. Toilettes adaptées disponibles

LOCALISATION





Vert

UNE JOURNÉE A BASTIA

PRESENTATION

From Calvi, Bastia is about 1h30 away, but depending on the season, the journey time can be longer. To take full advantage of the scenery, we'll take you to Bastia on one of France's most beautiful roads, which crosses the famous Agriates desert.

Halfway along the route, you'll turn off the main road at Saint-Florent and take an absolutely magnificent road. You'll arrive in Bastia via the north of the town.

Bastia is a charming town, easy to stroll around. Spend the day discovering its squares, old port, narrow streets and churches.



GOOD TO KNOW

Bastia is a 2-hour drive from Calvi.

PRICES ★★★

3 Pers. : 100€/personne

4/5 Pers. 75€/personne

6 Pers. : 60€/personne

ACCESSIBILITY ★★★

Toilettes adaptées sur place

Pas d'accès à la terrasse (escalier)

SCHEDULE

Ouvert tous les jours

9h30 - 18h30 (variables selon la saison)

LOCALISATION





SOINS ESTHÉTIQUES

PRESENTATION

We offer a range of treatments performed by a qualified beautician in your room.
Take time for yourself!

Relaxing massage (60 min.)

An energetic yet gentle massage to relieve all muscular tension.

Face and scalp (40 min.)

A head and face massage to relax and soothe facial muscles for a healthy glow.

Customized (choice of zones) (30min. to 1h)

Back, neck, shoulders
Light legs
Both combined

Foot Reflexology (40min.)

Reflexology involves activating "reflex zones" by massaging them with the fingertip to relieve pain at a distance and rebalance various vital functions.

SHIATSU (60 min.)

An energetic Japanese massage inspired by traditional Chinese medicine, designed to rebalance the circulation of vital energy (Qi). It is performed by applying pressure with thumbs, palms and elbows to precise points along the meridians, targeting psychic, emotional and physical tensions.



OUR OPINION

The gentleness, kindness and professionalism of our therapist is renowned throughout the region, and she works in some of Calvi's top hotels and palaces.

PRICES

Massage relaxant	: 65 €
Visage et cuir chevelu	: 60€
Zone Dos nuque épaules	: 50€
Zone Jambes légères	: 50€
Les deux zones 45min	: 60€

Reflexologie plantaire	: 60€
Shiatsu 1h	: 90€

Prestation réalisée sur place, sur rendez-vous. Attention à réserver au minimum 24h avant la date de prestation souhaitée afin de garantir la disponibilité.



PARAPENTE DUO

PROGRAM

Take to the skies and discover the magnificent panorama of the Calvi region. Located a 45-minute drive from Handioasis in , this activity is a new feature of 2021 that we are now offering at Handioasis. The Handioasis Corsica team will assist you with this activity, which takes around 3 hours in total.

The flight takes place from a summit offering a unique view of the Calvi region. You'll be assisted by a professional instructor, who will help you prepare and gear up. In pairs, you'll take off and leave your wheelchair behind, only to find it again a few hundred meters below.

Beginners can take part in this activity in pairs. For people with disabilities, the instructor validates your participation after assessing your physical condition. There is a weight limit and strict safety rules, so it's up to the professional to approve your participation. Get in touch with the Handioasis team to liaise with the service provider.



GOOD TO KNOW

Exceptional panoramic views and thrilling activities.

Please note that outdoor activities cannot be booked in advance as they depend on the weather.

Open from April to September.

PRICES ★

Flight with Instructor : 90€/pers

Transport not include

DURATION

Almost 3hours

ACCESSIBILITY ★★★

Activity opened to all after validation of instructor

LOCALISATION

Starting point depending on weather

The activity is carried out by a professional leisure activity partner, the staff have been trained by Handioasis and all accessibility solutions are the exclusive property of YOOLA SAS. Payment can be made in euros or dirhams at the daily exchange rate.

MEDICAL EQUIPMENT

Handioasis provides a range of medical equipment free of charge.
As soon as you arrive at the guest house, you can use our range of equipment as you wish, to ensure that your stay is as comfortable as possible.
We make sure that the equipment is regularly and carefully maintained.



Medical Lift



Medical Bed



Shower chair



Rolinshower chair



Verticalisateur



Wheelchair





PRICES SERVICES HANDIOASIS

SERVICES	DESCRIPTION	PRIX
PERSONAL CARE SERVICE	DAY SERVICE (1h minimum)	20€/h
PERSONAL CARE SERVICE (AFTER 8pm)	NIGHT SERVICE (1h minimum)	20€/h
COMPANION SERVICE	PRICE PER HOUR	20€/h
FORFAIT 4H	FORFAIT HALF-DAY	60€
FORFAIT JOURNEE	JOURNEE ENTIERE	120€
BLANCHISSERIE	LAVAGE + REPASSAGE (max 5kg)	15€
LOCATION SERVIETTE PISCINE	FORFAIT JOURNEE	3€
Les prestations peuvent être réglées sur place en fin de séjour;		

PERSONAL CARE SERVICE

We can provide personal care service and medical care on request, depending on your needs we can provide a nurse service if you can provide medical prescription.

COMPANION SERVICE

Our staff is taking care of you during day and will be your companion during your activities.



MORE THAN A TRIP ...

Handioasis is a different kind of guest house, with a friendly atmosphere and a range of adapted services. We offer free medical equipment to make your stay comfortable and enjoyable. You don't need a prescription for a medical bed or a sit-to-stand device when you arrive. We have a wide range of equipment for your daily comfort, plus a specially adapted vehicle to meet you at the airport and take you on excursions.



*Voir le monde de ses yeux est mille fois mieux
que n'importe quel rêve.*

~ Ray Bradbury ~



INFORMATIONS & BOOKINGS

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